Nαk | Summer Menu ≡

15 April, 29 April, 13 May, 3 June, 17 June, 1 July, 15 July

Mon

Tue

Chicken Tikka Masala

(Mu)

Veggie Tikka Masala

Pilau rice

Bombay Potatoes

Onion Bhajis (G)

Wed

Thu

Fri

Fish & Chip Shop *



Butchers Pork Sausages with Creamy Mash and Garden Peas (G,Mk,Su)

Creamy Mash

and Garden Peas

(Mk,So)

Vegetable samosas Naan bread (G,Mk) Quorn Sausages with

> Mango Chutney Onion Salad Mint and Yoghurt sauce (Mk)

Roast Chicken with Sage & Onion Stuffing

Roast Potatoes, Peas and Baton Carrots

Roasted Mushroom and Lentil Wellington Roast Potatoes. Peas and **Baton Carrots** (G,Mk,E,Mu)

Classic Italian Beef Lasagne served with chef's seasonal salad and garlic bread (G,E,Mk,Mu,Su)

Mediterranean vegetable lasagne served with chef's seasonal salad and garlic bread (G,E,Mk,Mu)

Battered Fish Fillet (G,Mk,E,Mu,F) Jumbo Sausage Roll (G,Mk,E,Su) 'Chip Butty'

Oven Baked Chips

Homemade Cheese and Onion Pasty (G,Mk,E)

> Mushy Peas Garden Peas **Baked Beans**

From £1.70



MONDAY

Cheese and Tomato Pizza Wrap (G,Mk)

TUFSDAY

Cheese and Ham Panini (G,Mk)

WEDNESDAY

Cornish Pasty (G,Mk,E,Su)

THURSDAY

Love Joes - Wrap with Buffalo Chicken

FRIDAY

Fish Finger and Chip Wrap (G,Mk,F,Mu,E)

From £1.30

SERVED EVERYDAY

Freshly Cooked Pasta:

Plain Pasta (G)

Slow cooked Beef Bolognaise (G,Su)

Tomato and Basil Sauce (G) or

Served with:

Home baked Garlic Bread (G,Mk) Pesto Cheese (Mk)

From £1.20



MONDAY

Apple Crumble with Custard (G,Mk)

TUESDAY

St Stephens Pudding with Vanilla Custard (G,E,Mk,So)

WEDNESDAY

Cornflake Tart (G,Mk)

THURSDAY

Mixed Berry Turnover (G,Mk,E)

FRIDAY

Treacle Tart (G.So,E,Mk) deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every weeks Look out for our Theme Bars

> JACKET POTATOES WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed with tasty choices!

Check out what's on offer today! Available for Free School Meals



Nek ? Summer Menu =

22 April, 6 May, 20 May, 10 June, 24 June, 8 July

Mon

Tue

Wed

Thu

Fri

Fish & Chip Shop * Battered Fish Fillet

(F,G) Jumbo Sausage Roll

(G,E,Mk,So,Su)

'Chip Butty'

(G,Mk,So)

Fish Finger and



Mild Chicken Curry with Steamed Rice

Beef Chilli Con Carne with Steamed Rice and Crushed Nacho's Roast Gammon

Roast Potatoes and Steamed Cabbage

Minced Beef Burrito with Spicy Rice (G)

Chip Wrap (G,F,E,Mu)

Oven Baked Chips

Garden Peas Mushy Peas Baked Bean **Curry Sauce**

Pickled Onions, **Buttered rolls** (G,So,Mk), Chunky Tartare (E,Mu) sauce, Ketchup and Lemon

Vegetable Chilli with Steamed Rice and Vegetable Curry Crushed Nacho's with Steamed Rice (Ce,E,Mu)

Cheese, Tomato and Spring Onion Quiche (G,Mk,E)

Roasted Vegetable Burrito with Spicy Rice (G,Ce)

From £1.70

GLOBAL EAT

MONDAY

Cheese and Tomato Pizza (G,Mk)

TUESDAY

Love Joes BBQ Chicken Wrap (G)

WEDNESDAY

Jumbo Sausage Roll (G,Mk,E,Su)

THURSDAY

Beef Burger in a Bun (G,Su)

FRIDAY

Pepperoni Panini (G,Mk)

From £1.30

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow cooked Beef Bolognaise

Tomato and Basil Sauce Mac'n Cheese

Served with:

Home baked Garlic Bread Pesto Cheese

From £1.20



MONDAY

Banoffee Pie (G,Mk,So)

TUFSDAY

Fruit Jam Marble Cake (G,Mk,E)

WEDNESDAY

Jamaican Ginger Cake with Caramel Sauce (G,Mk,E)

THURSDAY

Homemade Apple Pie (G,Mk,E)

FRIDAY

Chocolate Sponge with Chocolate Sauce (G,Mk,E)

deliciously good food.

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