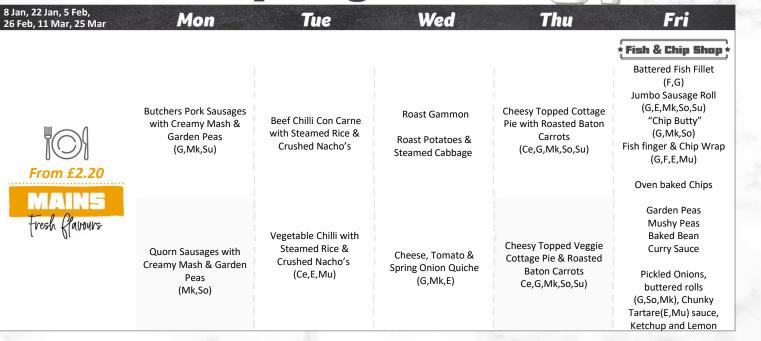
an, 15 Jan, 29 Jan,	)eek 1 S	pring	Menu		Fri	deliciously good foo At the heart of everything we do is a love of good, fresh and healthy foo prepared by a team who cares!
Feb, 4 Mar, 18 Mar	MON	Iue	wea	Thu	<b>F</b> ri	
					* Fish & Chip Shop *	every week!
From £2.20 MAINE Tresh Galouurs	Kung Pao Pork stir fry with peppers and noodles (G,E,So,Ce,Mu) Steamed Rice Garlic and chili roasted greens	Chicken Tikka Masala (Mu) Veggie Tikka Masala Pilau rice Bombay Potatoes Onion Bhajis (G)	Roast Chicken with Sage & Onion Stuffing (G) Roast Potatoes, Peas and Baton Carrots	Classic Italian Beef Lasagne served with chef's seasonal salad and garlic bread (G,E,Mk,Mu,Su)	Battered Fish Fillet (G,Mk,E,Mu,F) Jumbo Sausage Roll (G,Mk,E,Su) "Chip Butty" Oven baked Chips	Look out for our
	Kung Pao Quorn Stir Fry (G,MK)	Vegetable samosas (G) Naan bread (G,Mk) Mango Chutney Onion Salad Mint and Yoghurt sauce <b>(Mk)</b>	Roasted Mushroom & Lentil Wellington Roast Potatoes, Peas and Baton Carrots (G,Mk,E,Mu)	Mediterranean vegetable lasagne served with chef's seasonal salad and garlic bread (G,E,Mk,Mu)	Homemade Cheese & Onion Pasty (G,Mk,E) Mushy Peas Garden Peas Baked Beans	WITH ALL THE BEST TOPPINGS
From £1.70		From £1.30 PASTA BAR		From £1.20		
MONDAY I Cheese & Tomato Pizza Wrap ( (G,Mk) TUESDAY		SERVED EVERYDAY Freshly cooked Pasta: Plain Pasta (G)		MONDAY Apple Crumble with Custard (G,Mk)		<b>Check out what's on offer toda</b> Available for Free School Meals
Cheese & Ham Panini (G,Mk) WEDNESDAY Cornish Pasty (G,Mk,E,Su)		Slow cooked Beef Bolognaise (G,Su) Tomato and Basil Sauce (G)		TUESDAY St Stephens Pudding with Vanilla Custard (G,E,Mk,So) WEDNESDAY		ALLERGENS webe allergy garast
THURSDAY Love Joes - Wrap with Buffalo Chicken		or		Cornflake Tart (G,Mk)		Ce = Celery Mo = Molluscs Cr = Crustacean Mu = Mustard
FRIDAY		Served with:		THURSDAY		$\begin{array}{ll} E = Eggs & N = Nuts \\ F = Fish & P = Peanuts \end{array}$
Fish Finger & Chip Wrap ( (G,Mk,F,Mu,E)		Home baked Garlic Bread (G,Mk) Pesto Cheese(Mk)		Mixed Berry Turnover (G,Mk,E) FRIDAY		G = Cereals Se = Sesame See containing Gluten So = Soya L = Lupin Su = Sulphur Die Mk = Milk

(G.So,E,Mk)

## Week 2 Spring Menu



## From £1.70

MONDAY Cheese & Tomato Pizza (G,Mk) TUESDAY Love Joes BBQ Chicken Wrap (G) WEDNESDAY Jumbo Sausage Roll (G,Mk,E,Su) THURSDAY Beef Burger in a Bun (G,Su) FRIDAY Pepperoni Panini (G,Mk) From £1.30 PASTA BAR

SERVED EVERYDAY

Freshly cooked Pasta:

Slow cooked Beef Bolognaise

Tomato and Basil Sauce or Mac'n Cheese

Served with:

Home baked Garlic Bread Pesto Cheese



MONDAY Banoffee Pie (G,Mk,So)

TUESDAY Fruit Jam Marble Cake (G,Mk,E)

WEDNESDAY Jamaican Ginger Cake with Caramel Sauce (G,Mk,E) THURSDAY Homemade Apple Pie (G,Mk,E) FRIDAY Chocolate Sponge with Chocolate Sauce (G,Mk,E

## deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!



MEAL DEAL

**Check out what's on offer today!** Available for Free School Meals

> ALLERGENS we're allergy garus

Ce = Celery Cr = Crustacean E = Eggs F = Fish G = Cereals containing Gluten L = Lupin Mk = Milk Ao = Molluses Au = Mustard V = Nuts P = Peanuts ie = Sesame Seeds io = Soya fu = Sulphur Dioxid

Speak to one of our chefs if you have any allergies