

Week 1 Spring Menu



1 Jan, 15 Jan, 29 Jan,
12 Feb, 4 Mar, 18 Mar

Mon

Tue

Wed

Thu

Fri

Fish & Chip Shop



From £2.20

MAINS

Fresh Flavours

Kung Pao Pork stir fry
with peppers and
noodles
(G,E,So,Ce,Mu)

Steamed Rice
Garlic and chili roasted
greens

Kung Pao Quorn Stir Fry
(G,MK)

Chicken Tikka Masala
(Mu)
Veggie Tikka Masala

Pilau rice
Bombay Potatoes

Onion Bhajis (G)
Vegetable samosas (G)
Naan bread (G,Mk)

Mango Chutney
Onion Salad
Mint and Yoghurt
sauce (Mk)

Roast Chicken with
Sage & Onion Stuffing
(G)

Roast Potatoes, Peas
and Baton Carrots

Roasted Mushroom &
Lentil Wellington
Roast Potatoes, Peas
and Baton Carrots
(G,Mk,E,Mu)

Classic Italian Beef
Lasagne served with
chef's seasonal salad
and garlic bread
(G,E,Mk,Mu,Su)

Mediterranean
vegetable lasagne
served with chef's
seasonal salad and
garlic bread
(G,E,Mk,Mu)

Battered Fish Fillet
(G,Mk,E,Mu,F)
Jumbo Sausage Roll
(G,Mk,E,Su)
"Chip Butty"

Oven baked Chips

Homemade Cheese &
Onion Pasty
(G,Mk,E)

Mushy Peas
Garden Peas
Baked Beans

From £1.70

GLOBAL EATS

MONDAY

Cheese & Tomato Pizza Wrap
(G,Mk)

TUESDAY

Cheese & Ham Panini
(G,Mk)

WEDNESDAY

Cornish Pasty
(G,Mk,E,Su)

THURSDAY

Love Joes - Wrap with Buffalo Chicken

FRIDAY

Fish Finger & Chip Wrap
(G,Mk,F,Mu,E)

From £1.30

PASTA BAR

SERVED EVERYDAY

Freshly cooked Pasta:
Plain Pasta (G)

Slow cooked Beef Bolognise
(G,Su)

Tomato and Basil Sauce
(G)
or

Served with:

Home baked Garlic Bread (G,Mk)
Pesto
Cheese(Mk)

From £1.20

DESSERT

MONDAY

Apple Crumble with Custard
(G,Mk)

TUESDAY

St Stephens Pudding with Vanilla Custard
(G,E,Mk,So)

WEDNESDAY

Cornflake Tart
(G,Mk)

THURSDAY

Mixed Berry Turnover
(G,Mk,E)

FRIDAY

Treacle Tart
(G,So,E,Mk)

deliciously good food.

At the heart of everything we do is our
love of good, fresh and healthy food,
prepared by a team who cares!

every week!

Look out for our

Theme Bars

JACKET POTATOES
WITH ALL THE BEST TOPPING!



SALAD BAR

Fresh every day packed
with tasty choices!

MEAL DEAL

Check out what's on offer today!

Available for Free School Meals

ALLERGENS

we're allergy aware!

Ce = Celery Mo = Molluscs
Cr = Crustacean Mu = Mustard
E = Eggs N = Nuts
F = Fish P = Peanuts
G = Cereals Se = Sesame Seeds
containing Gluten So = Soya
L = Lupin Su = Sulphur Dioxide
Mk = Milk

Speak to one of our chefs if you have any allergies.



Week 2 Spring Menu



8 Jan, 22 Jan, 5 Feb,
26 Feb, 11 Mar, 25 Mar

Mon

Tue

Wed

Thu

Fri



From £2.20

MAINS

Fresh Flavours

Butchers Pork Sausages
with Creamy Mash &
Garden Peas
(G,Mk,Su)

Quorn Sausages with
Creamy Mash & Garden
Peas
(Mk,So)

Beef Chilli Con Carne
with Steamed Rice &
Crushed Nacho's

Vegetable Chilli with
Steamed Rice &
Crushed Nacho's
(Ce,E,Mu)

Roast Gammon

Roast Potatoes &
Steamed Cabbage

Cheese, Tomato &
Spring Onion Quiche
(G,Mk,E)

Cheesy Topped Cottage
Pie with Roasted Baton
Carrots
(Ce,G,Mk,So,Su)

Cheesy Topped Veggie
Cottage Pie & Roasted
Baton Carrots
Ce,G,Mk,So,Su)

Fish & Chip Shop

Battered Fish Fillet
(F,G)

Jumbo Sausage Roll
(G,E,Mk,So,Su)
"Chip Butty"
(G,Mk,So)

Fish finger & Chip Wrap
(G,F,E,Mu)

Oven baked Chips

Garden Peas
Mushy Peas
Baked Bean
Curry Sauce

Pickled Onions,
battered rolls
(G,So,Mk), Chunky
Tartare(E,Mu) sauce,
Ketchup and Lemon

From £1.70

GLOBAL EATS

MONDAY

Cheese & Tomato Pizza
(G,Mk)

TUESDAY

Love Joes BBQ Chicken Wrap
(G)

WEDNESDAY

Jumbo Sausage Roll
(G,Mk,E,Su)

THURSDAY

Beef Burger in a Bun
(G,Su)

FRIDAY

Pepperoni Panini
(G,Mk)

From £1.30

PASTA BAR

SERVED EVERYDAY

Freshly cooked Pasta:

Slow cooked Beef Bolognaise

Tomato and Basil Sauce
or
Mac'n Cheese

Served with:

Home baked Garlic Bread
Pesto
Cheese

From £1.20

DESSERT

MONDAY

Banoffee Pie
(G,Mk,So)

TUESDAY

Fruit Jam Marble Cake
(G,Mk,E)

WEDNESDAY

Jamaican Ginger Cake with Caramel Sauce
(G,Mk,E)

THURSDAY

Homemade Apple Pie
(G,Mk,E)

FRIDAY

Chocolate Sponge with Chocolate Sauce
(G,Mk,E)

deliciously good food.

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